



# VANGUARD SERVICES UNLIMITED

## ANNUAL REPORT 2006

FISCAL YEAR  
2006: JULY 1,  
2005 TO  
JUNE 30, 2006

### INDIVIDUALS SERVED

JULY 1, 2005–  
JUNE 30, 2006

**Total  
Admissions: 721**

**Males 73%  
Females 27%**

### Primary Drug of Use:

**Alcohol 21%  
Cocaine 29%  
Marijuana 18%  
Opiates 18%  
Others 14%**

### Race/Ethnicity:

**African American 45%  
Hispanic 8%  
Asian 2%  
Caucasian 43%  
Other 2%**

## The Year's Highlights:

2006 can best be summarized as a year in which Vanguard focused on and strengthened the services the agency does best. Building on 16 years of providing treatment to adolescents, in February 2006, Vanguard opened Deep Run North, a residential treatment program for 12 adolescent boys in Arlington, Virginia. This new program boasts a dedicated staff, an on-site school provided through a partnership with Arlington Public Schools, and a convenient location that allows for more parent participation and enhanced services. Other efforts this year included enhanced staff training through Vanguard Academy, and continuation of Vanguard's project to increase access to and retention in its programs through participation in the national Network for the Improvement of Addiction Treatment (NIATx) (made possible through a grant from the federal Substance Abuse and Mental Health Services Administration). Thank you to all of our donors, partners, Board and staff for helping Vanguard continue and strengthen its services to individuals in recovery.

## Vanguard Programs:

### RESIDENTIAL PROGRAMS

#### The Phoenix Program, Arlington, VA

Our oldest and largest program, the Phoenix Program provides intensive residential substance abuse treatment to troubled men and women.

#### Demeter House, Arlington, VA

In this specialized program for women, mothers and children, children are cared for by qualified staff while mothers receive counseling, parenting education, and other targeted services.

#### Deep Run Lodge, Goldvein, VA and Deep Run North, Arlington, VA

Deep Run Lodge (for adolescent girls) and Deep Run Lodge North (boys) are holistic programs that combine counseling, family services, school, recreation, and a therapeutic milieu in which youth help each other through treatment.

#### Nuevo Dia, Arlington, VA

A Spanish-language, culturally appropriate program for adults whose primary language is Spanish.

### TRANSITIONAL PROGRAMS

#### Re-Entry, Arlington, VA

#### Independence House, Arlington, VA

#### Lawrence Court Halfway House, Rockville, MD

For adults who have completed a primary residential treatment program, Vanguard's three transitional programs offer a safe "next step." Clients work or attend job training or school during the day, then return to the facility for life skills training and counseling.

### OUTPATIENT PROGRAM

#### Vanguard Counseling Center, Arlington, VA

Vanguard Counseling Center offers several levels of individual, group and family counseling for teens, adults and their families who have been assessed with mild to moderate levels of dependency.

## 2006 Board of Directors

### Vanguard Foundation

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Bruce Jennings, Director  
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### Vanguard Services Unlimited

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Mary Hughes Hynes, Director  
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Edward Cousins, Director

**Deborah S. Taylor, President/Chief Executive Officer**

## CONSOLIDATED STATEMENT OF ACTIVITIES

Annual Report: Fiscal Year 2006: July 1, 2005 to June 30, 2006

Vanguard Health Group and Affiliated Organizations

	Year Ended June 30, 2006			Year Ended June 30, 2005		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
<b>REVENUES</b>						
Local jurisdictions	\$5,534,954	0	5,534,954	5,853,618	0	\$5,853,618
SARPOS and federal	663,609	0	663,609	683,503	0	683,503
Client fees	1,034,859	0	1,034,859	984,048	0	984,048
Fundraising, grants, contributions	132,919	225,166	358,085	55,920	216,425	272,345
Special events	22,861	475	23,336	27,581	0	27,581
Food Stamps	10,294	0	10,294	28,057	0	28,057
Investment Income-Note D	3,949	0	3,949	1,351	0	1,351
Miscellaneous	91,267	0	91,267	95,746	0	95,746
Unrealized gain- Note D	10,554	0	10,554	3,176	0	3,176
Net assets released from restrictions-Note F	209,408	-209,408	0	342,566	-342,566	0
<b>TOTAL REVENUE, GAINS AND OTHER SUPPORT</b>	<b>7,714,674</b>	<b>16,233</b>	<b>7,730,907</b>	<b>8,075,566</b>	<b>-126,141</b>	<b>7,949,425</b>
<b>EXPENSES</b>						
<b>PROGRAM SERVICES</b>						
Treatment programs	5,639,285	0	5,639,285	6,470,211	0	6,470,211
<b>SUPPORTING SERVICES</b>						
Management and general	2,657,284	0	2,657,284	1,909,043	0	1,909,043
Fundraising	71,976	0	71,976	183,636	0	183,636
<b>TOTAL SUPPORTING SERVICES</b>	<b>2,729,260</b>	<b>0</b>	<b>2,729,260</b>	<b>2,092,679</b>	<b>0</b>	<b>2,092,679</b>
<b>TOTAL EXPENSES</b>	<b>8,368,545</b>	<b>0</b>	<b>8,368,545</b>	<b>8,562,890</b>	<b>0</b>	<b>8,562,890</b>
<b>CHANGE IN NET ASSETS</b>	<b>-653,871</b>	<b>16,233</b>	<b>-637,638</b>	<b>-487,324</b>	<b>-126,141</b>	<b>-613,465</b>
<b>NET ASSETS, BEGINNING OF YEAR</b>	<b>2,584,526</b>	<b>90,000</b>	<b>2,674,526</b>	<b>3,071,850</b>	<b>216,141</b>	<b>3,287,991</b>
<b>NET ASSETS, END OF YEAR</b>	<b>1,930,655</b>	<b>106,233</b>	<b>2,036,888</b>	<b>2,584,526</b>	<b>90,000</b>	<b>2,674,526</b>

**OUR MISSION:** Vanguard Services Unlimited, a nonprofit community based organization, offers high quality treatment and recovery services to individuals and their families who are suffering from the effects of substance abuse. With over 40 years of dedicated service to people regardless of their economic status, Vanguard seeks to help our clients become healthy, productive citizens. Committed professional staff, Board members and volunteers provide excellence in service to those in need.

To Contact Us: Vanguard Services Unlimited, 521 North Quincy Street, Arlington, VA 22203, (703) 841-0703 Visit our Website at [www.vanguardservices.org](http://www.vanguardservices.org)